Chapter – Native Americans, Section – Northeast Virginia Fitzgerald

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| Headings/Questions | Paragraph Main Ideas and Details | Additions / Corrections |
| The environment of the region and how the people used it | * Climate
	+ Cold winters – deep snow
	+ Hot summers
* Vegetation
	+ Deciduous and coniferous trees
		- Used for tools – ex. Houses, canoes, containers, etc.
		- Used for food – nuts and fruits
* Game animals hunted by Natives
	+ Bear, wolf, fox, moose, deer
	+ Numerous smaller game
	+ Birds
* Lakes and Ocean Shores
	+ Fish and Shellfish in uncountable numbers
* Wild food gathered seasonally
	+ Rice, maple sap, berries, nuts, onions, yellow waterlilly roots
* Farming
	+ Maize, beans, squash
	+ In some areas - tobacco
 | Deciduous – leaves fall, Coniferous – pine trees, evergreen |
| Subsistence Lifestyle | * Three basic subsistence patterns
	+ Hunter-gatherers
	+ Mixed hunter-gatherer and farming
	+ Just farming
* Farming
	+ 50% farmed corn
	+ Women did most farm labor
	+ Men helped prepare fields
	+ Planting method – plant a mixed crop of corn beans and squash together
		- Beans climb stalk
		- Pumpkin/squash along ground prevent weeds, holds in moisture, and are left to rot to fertilize
* Hunting – gathering
	+ Gathering – women and children
	+ Hunting – men
		- Primary game – deer
		- Technique - Some groups use dogs to hunt
	+ Fishing – coastal areas
		- Eel, fish, shellfish
		- Seal - hunted sunning on rocks near shore
		- In boats - spear and net fish
 | Subsistence – a live-style that produces enough just for oneself and one’s family, not enough to sell (opp. Commercial) |
| Settlements | * Size varied
	+ Small – 1 or 2 houses
	+ Large – towns covering several acres
* Dwellings
	+ Wigwams
		- Oval, circular, pyramidal
		- Framed w/ saplings
		- Covered in overlapping strips of bark, woven mats or skins
		- Easy to construct and take down
		- Adapt to all weather
	+ Longhouses
		- Built by Iroquois
* Hunter-gatherer groups –
	+ Come together in winter in one base-camp
	+ Live in extended families
* Common building – built only by some groups
	+ For ritual
	+ or council meetings
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| Political Organization | * Amount of structure varies
	+ Highly structured – Iroquois
		- Alliance formed by 5 (later 6) nations
			* Called “The Iroquois Confederacy”
			* Lasted 100s of years
			* Played a major role in European conflicts
				+ French and Indian War and Revolutionary War
	+ Simpler forms – semi-nomadic
		- Nuclear families in bands
		- headed by leader chosen by community
* Councils – in some groups
	+ Headed by chiefs
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| Social Organization | * Varied widely
* Clans – formed by many of hunter-gathers
	+ A group whom claim to descend from one common ancestor
		- female,
		- male, or
		- both
	+ Each had an animal totem
* Leadership
	+ hereditary in many groups
	+ Some groups have two
		- one religious and one political
 | Totem – an animal or object associated with certain spiritual qualities that the clan adopts (like being a Raven claw or Griffindor in Harry Potter) |
| Religious Practices | * Two practices commonly associated with NE
* Guardian spirits (totems)
	+ Provide supernatural help
	+ In dreams or vision quests (induced trances)
* Shamans – medicine men
	+ Cure by addressing spiritual sickness
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